

RSE (Relationships and Sex Education)

The PSHE (including RSE) co-ordinator is Miss Hatter

At Blackwell Primary School we believe that effective Relationships and Sex Education (RSE) is essential for young people to make responsible and well-informed decisions about their lives and to safeguard young people. The RSE programme is integrated as part of the PSHE curriculum (see separate PSHE policy)

The policy at Blackwell Primary School is in line with current regulations from the Department of Education (DfE) on Relationships Education, Relationships and Sex Education (RSE) and Health Education (Feb 2019). **Relationships Education and Health Education** are taught in Blackwell Primary School as **statutory subjects**. Elements of sex education, though non-statutory, are also part of an integrated PSHE programme of work. For the purposes of this policy, we will refer to Relationships Education and Sex Education as combined subjects, as any learning about the physical and sexual aspects of growing up is taught in the context of positive healthy relationships.

Relationships and Sex Education make a significant contribution to the school's legal duties to:

- prepare pupils for the opportunities, responsibilities and experiences of adult life and
- promote the spiritual, moral, social cultural mental and physical development of pupils

Teaching, Learning and Curriculum coverage

The DfE recognises 5 elements to Relationships Education. These are:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

With RSE integrated into PSHE teaching through the PSHE Matters Scheme, units are split over a half term basis across two years:



Blackwell Primary School PSHE Matters Curriculum

Cycle A	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
2024/2025						
Y1/2	Being Me	Money Matters	Being Safe	Drugs Education	Changes (including SRE for Upper KS2)	Being Responsible
Y3/4						
Y5/6						
Online Safety Project evolve	Privacy and Security		Managing online information	Health, Wellbeing and Lifestyle		Online Reputation
Cycle B	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
2023/2024						
Y1/2	Being Healthy					
Y3/4		Difference & Diversity	Exploring Emotions	Bullying Matters	Growing Up (including SRE for Upper KS2)	Relationships
Y5/6						
Online Safety Project evolve	Health, Wellbeing and Lifestyle	Self-image and Identity	Copyright and ownership	Online bullying		Online Relationships